



Have You Heard About HRT Pellets?

Effective & Easy Method of HRT Delivery

- **Most bio-identical method of delivering hormone replacement to men and women**
- **Sustains hormones at consistent levels for three to six months without fluctuations**
- **Automatically delivers your proper daily amount — no personal maintenance or dosing**

FAQs About Hormone Pellet Therapy

What are hormone pellets?

Pellets are an excellent alternative that provides a proper and consistent dose of hormones to men and women. Pellets may be compounded to each patient's particular prescription for Testosterone, Estradiol, Progesterone, DHEA, and more.

What are the benefits of pellets over other hormone treatments?

Pellet therapy helps maintain a consistent hormone level. Unlike creams and pills, which require a patient's strict adherence to a schedule to provide continuity of treatment, pellets require a one-time insertion and no scheduled delivery method on the patient's part. Hormones are kept at a constant intensity throughout each day and night without dropping or spiking — which can cause unpleasant physical and emotional symptoms.

How are pellets inserted?

In the privacy of a physician's office, a local anesthetic is given and a subcutaneous cut is made, normally in the hip or abdomen. A rice-sized pellet is inserted and a small bandage is applied. No stitches are required and the incision quickly heals.

How long will the treatment last?

Because they are inserted in the body, pellets deliver consistent levels of hormones to men and women suffering from hormonal imbalance. Pellets typically last three or more months in women and four or more months in men.

What should be considered when choosing a provider for hormone pellet therapy?

Not all medical practitioners are equally educated and experienced in providing hormone pellet therapy or in addressing the unlikely but potential side effects of all hormone replacement therapies. Follow-up appointments are necessary to maintain proper hormone levels. Ask your medical provider about their experience in using hormone pellet therapy and how they plan to follow up on your treatments to make certain your hormone levels are properly maintained.

FEM Centre is a leader in the field of natural hormone replacement therapies. If you have questions regarding bio-identical hormone replacement, please speak with your provider at your next appointment.

Why Consider Hormone Pellets?

Hormone pellet therapy is one of the latest innovations in hormone delivery methods for men and women.

Many medical offices are offering hormone pellet therapy to both their male and female patients. What is hormone pellet therapy? Is everyone a candidate? Who is qualified to treat patients with hormone pellets?

And what follow-up care should be given patients who choose pellet hormone replacement therapy?

Hormone pellets need to be prescribed on an individualized treatment basis. Pellets only provide a temporary fix unless hormones are regulated and kept at the appropriately sustained level.

Not everyone is a good candidate for hormone pellet therapy, and continued care is necessary in order to maintain proper hormone levels. Though many medical offices are offering hormone pellet therapy, not all medical providers are equally educated in patient diagnosis, dosing, and follow up.

The Experience Behind FEM Centre's Pellet Therapy

Many physicians use hormone pellet therapies. However, not all physicians are equally informed or experienced in treating patients with bio-identical hormone replacement. FEM Centre medical providers have been using pellet therapy for many years and specialize in bio-identical hormone replacement in all forms, including pellets. Unlike synthetic hormones used by many physicians in the past – and even some currently – bio-identical hormones are plant-based compounds specifically formulated to match the molecular structure of human hormones. They are absorbed at the cellular level, are more effective, and are believed to have fewer side effects than synthetic or animal-based hormones.

Like all hormone replacement, blood tests and regular follow up appointments are necessary to ensure hormone levels are properly maintained for each patient. Appropriate testosterone, estrogen, and progesterone levels are important in preserving overall health, maintaining energy and stamina, balancing moods, increasing sexual drive, and reducing anxiety.

FEM Centre prescribes bio-identical hormone replacement for patients who need hormone balancing. Hormone pellets are just one of many treatments FEM Centre medical providers use in aiding patients to maintain their best possible level of health and hormone balance. Ask your FEM Centre medical provider if you are a candidate for hormone pellet treatment.



Joseph F. McWherter, M.D., founded FEM Centre. He is passionate about hormone replacement therapies, personalized hormone balancing, breast health, and breast cancer avoidance for men and women. He researches all FEM Centre treatments before making them available to patients. Hormone pellets are one of the many treatments offered by FEM Centre's medical providers. Make an appointment to find out if hormone pellets are right for you.



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